

# BIKES AND BEARS



**Bears can use this trail day and night**

- ✓ **Slow Down!**
- ✓ Always be vigilant for bears and their sign
- ✓ Make noise if you can't see far down the trail
- ✓ Ride in groups and stay together
- ✓ Avoid riding at night or at dusk or dawn
- ✓ Carry bear spray on your person

